

Sample Facebook Post

Did you know domestic violence affects 1 in 3 women and 1 in 4 men? We all know someone who has been abused. That's why I joined Team CHOICES to raise money to help @lsschoices, the ONLY domestic violence shelter in Franklin County. My goal is to raise \$XXX by October 31st. Will you help? (insert your fundraising page link here)

Note: You could also include a graphic by [downloading one of these](#)